



**Supporting families Changing futures**

## **First Report for Coventry University and Coventry 4 Good**

Firstly we would like to thank Coventry University and Coventry 4 Good for their support over the last six months as part of the Coventry University Community Grant Fund. We are both excited and encouraged by how the project is progressing.

Our job club is called “Fresh Start” (poster attached) and was launched autumn 2015 with the aim of preparing people to be ready to make a fresh start in 2016.

We have been building (and will continue to build) a bank of work experience placements covering retail, office/admin, early years, building and charity sector. These are mainly Coventry based but include one in Leamington (on the bus route from Coventry).

We are working in partnership with Creative Optimistic Visions CIC who have developed a course, called “Confident Me” which has been created specifically for our parents as part of the “Fresh Start” programme. This is an accredited qualification which aims to help raise the self-esteem and confidence of our parents in order to increase the opportunities in their everyday life including education and or employment, as well as growing in confidence to manage and excel, to benefit themselves and their families.

## **Specific Outcomes, February 2016**

Since September 2015 we have worked with 14 people mostly using an individual tailored approach.

- Five people are now in employment. One is full-time, the others part time and we are continuing to work with three of those as they are keen to increase their hours/gain full time employment.
- We are also currently working with another two people on completing job applications and interview training.
- Three people have gained the skills needed to access training which they have now started. This training is all career based (midwifery, NVQ Childcare for working in a children’s home).
- One person needed to gain IT skills in order to keep her job, we were able to provide her with the necessary training so that she could show her employer that she was able to continue to carry out her job.
- Two people are currently gaining the skills needed to access training to increase their employability (one for the first time and the other in order to retrain).
- And finally we are working with one person who is currently employed but thinking to the future would like to increase her employability and build a career.
- We currently have two students from Coventry University volunteering with us, and they discovered us through publicity generated by Heather Parker, Neighbourhood University.
- We have met with several staff in the Faculty of Business and Law with regard to planning student involvement with this project. This is ongoing and we will be focusing more on this aspect of the project.

Thank you for your support and if you require any further information please do not hesitate to contact us.

**Charity Name:** Three Spires Family Support Trust      **Charity Number:** 1137825

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